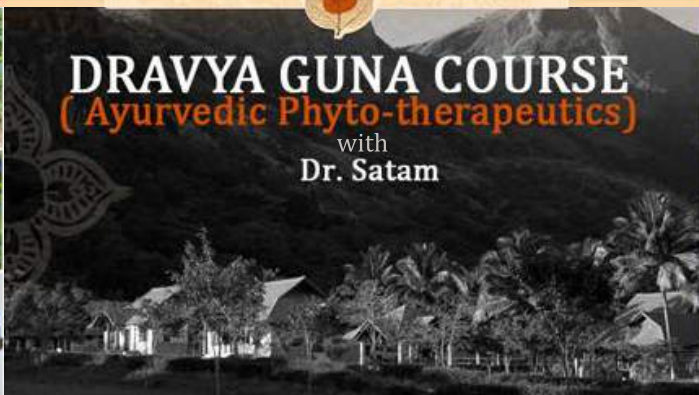


DRAVYA GUNA COURSE (Ayurvedic Phyto-therapeutics)

with
Dr. Satam



Dravya Guna (Ayurvedic Phyto-therapeutics) is the most important pillar of Ayurveda. It is the study of plants with regards to its description, habitat, properties, therapeutic actions, etc.

A unique opportunity to learn about the Ayurvedic plants in the form of an educational Dravya Guna tour is being offered in a picturesque and serene location of around 25 acres land rich with Ayurvedic plants amidst an organic farm and surrounded by palm trees in the South of India.

COURSE SUBJECTS

In this course, the participants will have the opportunity to learn the following:

- ☒ Basic principles of Ayurveda & Dravya Guna
- ☒ To identify the important & commonly used plants of Ayurveda, on the actual field
- ☒ Ayurvedic characteristics / properties of the plants
- ☒ Phytoactive components of the plants, which are responsible for the pharmacological effect shown by the plants
- ☒ Therapeutic effect and the mechanism of the plants from Ayurvedic point of view
- ☒ Therapeutic effect from the Western medicine point of view
- ☒ Research studies / Published data on the plants
- ☒ The effect & the interaction of the individual ingredients in the commonly used classical formulations
- ☒ To assess the effect and the mechanism of different herbal products available as Food Supplements from different companies.
- ☒ To make own customized herbal recipes in the form of Food supplements
- ☒ The effect of the herbs used in the Massage oils and cosmetic products
- ☒ To combine the well-known Ayurvedic herbs with Western herbs

The course would be conducted at Maitreyi - The Vedic Village in South India. Maitreyi is an eco-friendly, spiritual and cultural retreat space and is around 4 hours ride by road from Kochi International airport. The Dhanwantri clinic is well equipped with the special wellness therapies of Ayurveda. For more details about the venue, you may visit www.maitreyivedic.in.

Additional Course on Rasa-shastra (Vedic Alchemy)

In this course, the participants will learn about:

- ☒ Basic principles of Rasa-shastra
- ☒ Important ingredients used in Rasa-shastra
- ☒ Various steps involved in the preparation of the alchemic formulations
- ☒ Making of various types of alchemic formulations
- ☒ First hand experience on various steps involved in making the formulations
- ☒ Benefits and indications of alchemic preparations
- ☒ Active participation in the practicals

Registration of the course: Due to limited number of participants possible for the course, kindly register at the earliest to avoid any disappointment.

For further queries, kindly contact at ayurknowledge@gmail.com or ayurvedaeducourses@gmail.com

DATES

Arrival: 1st October 2016 Departure: 17th October 2016

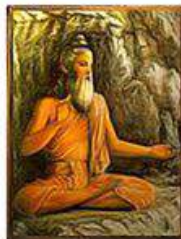
Course duration: 2nd October 2016 to 16th October 2016 with 10 days of teaching and one day of visit to an Ayurvedic products manufacturing Company.

Two Days: Free for recreation and relaxation

Daily teaching timings:

- ☒ Morning Session: 10 am to 1 pm with 15 minutes break
- ☒ Afternoon Session: 3 pm to 6 pm with 15 minutes break

Language of the Course: English. Translation in German can be organized on request at a cost.



COST:

Single Occupancy: 1900 Euro per person
Double Occupancy: 1600 Euro per person

Translation in German language: 150 Euro per person

The Price includes Course fee, Accommodation, Meals and pickup and drop from/to the Cochin International airport.

Additional Course on Ras - shastra (Vedic Alchemy)

Dates: 18th October to 24th October 2016

Total Cost : (Dravya Guna + Ras-shastra)

Single Occupancy: 3150 Euro per person
Double Occupancy: 2600 Euro per person

